

Use these definitions to help your group understand Infographic Panel 3

**Social pathology:** An “illness” or “disease” that affects society as a whole, such as crime, violence, poverty, etc.

**Resilience:** The ability to recover and regrow after being hurt or damaged

**Replenishing:** Healing, restoring

**Sustainability:** The health of a community in the long-term; the ability to continue living in a certain way